

Cochrane Pickleball 3.0 Skills Assessment

Name: _____

Date: _____

1 = Meets the Standard

2 = Needs Improvement

3 = Does not meet the Standard

<i>Skill</i>	<i>Description</i>	<i>Observations</i> (helpful hints)	<i>1</i>	<i>2</i>	<i>3</i>
<i>Forehand</i>	Consistent with control				
<i>Backhand</i>	Some consistency, some control				
<i>Serve</i>	Consistent, with some depth				
<i>ROS</i>	Consistent with some depth and some control				
<i>Dinks</i>	Some consistency, short exchange				
<i>Volley</i>	Can sustain a short volley session				

Cochrane Pickleball 3.0 Game Assessment

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SKILLS OBSERVED DURING GAME	1	2	3
Demonstrates consistent Forehand Groundstroke, with some Depth			
Some consistency on Backhand Groundstroke, with some Control			
Consistent Serve , with some Depth			
Consistent Return of Serve , using some Depth and Placement (can hit to either opponent)			
Keeps ball in play for short rallies			
Moves quickly to NVL with partner, stays at line			
Is learning to move along the NVL with partner			
Can sustain short Dink exchange			
Can sustain short Volley exchange at net			
Communicates with Partner			

COMMENTS: _____

RATING: _____

OBSERVATION TEAM: _____